

Reasons for Absence

	BMSDC Top 3 2015/2016 Number of workers 543	BMSDC Top 3 2016/2017 Number of workers 544	BMSDC Top 3 2017/2018 Number of workers 531	HSE 2016-2017 Number of workers 1.3 million
1	Virus/Infection 537 days lost	Headache/ Neurological 643 days lost	Stress/Anxiety/ Depression 933 days	Stress/Anxiety/Depression 13,475,000 days
2	Other 468 days	Stress/Anxiety Depression 598 days	Musculoskeletal 823.5 days	Musculoskeletal 9,625,000 days
3	Stress/Anxiety Depression 375 days	Other 315 days	Virus/Infection 439 days	Other 4,400,000 days

Mental Health Sickness Absence

Mental health related sickness absence data for BMSDC over the past three years shows that we have seen a significant increase in this type of illness. We have undertaken a programme to raise awareness of mental health issues, support staff and more proactively manage trigger factors causing absence.